

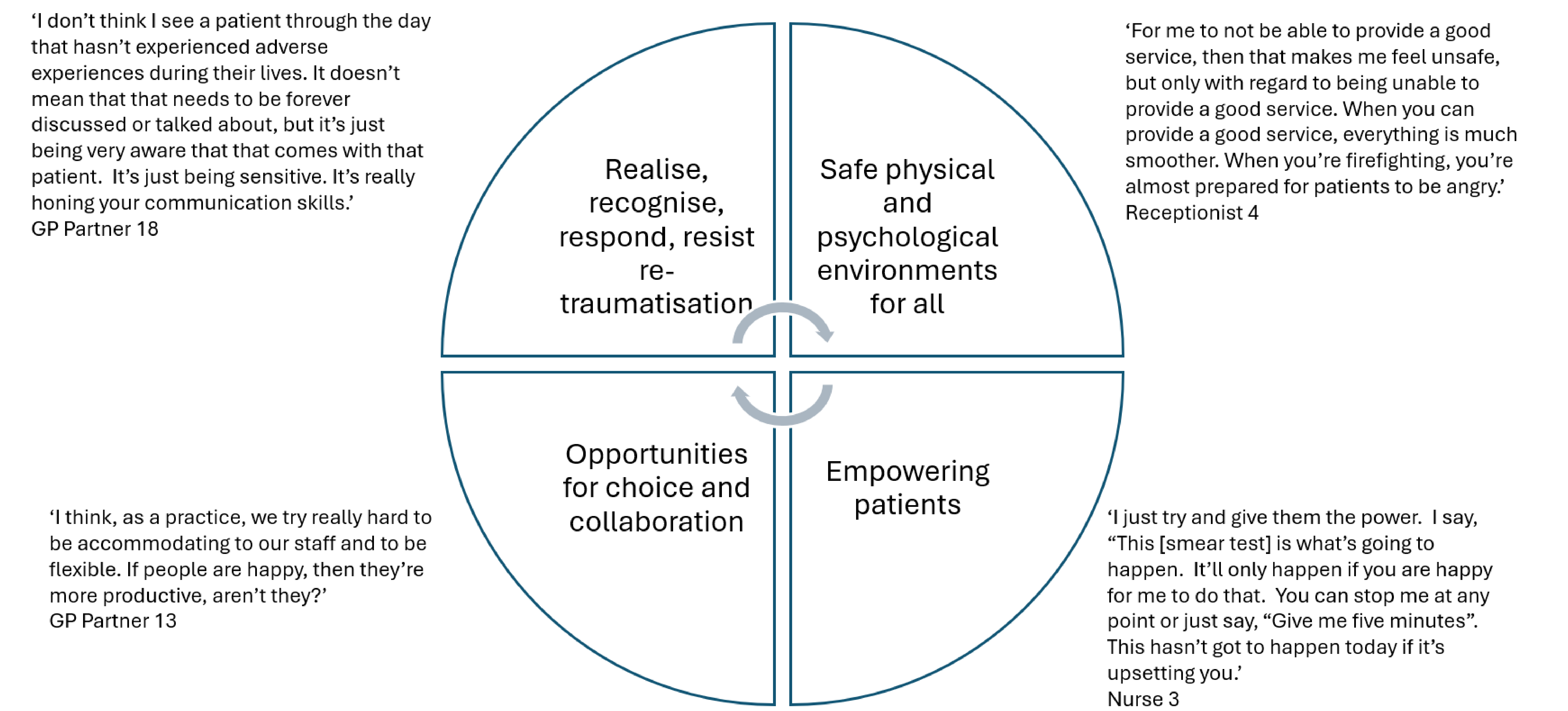
While it is strategically important to incorporate trauma-informed principles across organisational policies, processes and practices, the current outer and inner context shapes what is achievable.

Principles of trauma-informed care in UK general practice: a multimethod qualitative study of existing policies, processes and practices
TAP CARE GP study

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Background

Healthcare policies and guidelines recommend implementing trauma-informed approaches but how best to apply them in general practice is not yet known. A trauma-informed approach is an organisational change intervention focused on preventing (re)traumatisation of patients and staff. This study aimed to explore to what extent existing organisation policies, processes and practices align with the assumptions and principles of a trauma-informed approach.



Methods

Qualitative study in 4 general practices in southwest England: document review (n=18), facility observation (12 hours), interviews with patients (n=22) and healthcare providers (n=21). Framework analysis.